Think of your Activate Health & Wellness Center first for all your health care needs

Your Activate Health & Wellness Center provides unlimited access to a professional primary care team and a broad scope of primary care services, as well as annual physicals and health coaching at no cost to employees and family members covered by the health insurance plan. No-cost select labs and high-quality generic drugs also are available when prescribed by a clinic provider.

+ **PREVENTIVE CARE** — Annual wellness exams, health coaching, preventive screenings such as hypertension, metabolic health, diabetes and more.

+ **PRIMARY CARE** — Infections, cold & flu, digestive issues, sprains & strains, rashes, and minor procedures such as mole and wart removal and minor wound treatment.

+ **DISEASE AND CHRONIC CONDITION MANAGEMENT** — Diabetes, high blood pressure, high cholesterol, asthma, arthritis, coronary heart disease, COPD, sleep apnea and more.

+ **AFTER-HOURS CARE** — 24/7 nurse line staffed with trained, registered nurses available to assist team and family members and to help them avoid costly emergency department visits, when possible. After hours, call 1.877.447.1244 to speak with a nurse who can help assess your situation and provide a message for clinic staff to contact you the following business day and schedule an appointment, if needed.

**ADDITIONAL TEAM MEMBERS:**
Ashley Coleman, MA  
Brittany Satterfield, MA  
Tamara Shawver, MA

*New hours effective February 1, 2019*