Don't forget Bluffton-Harrison Middle School Serves Breakfast Daily!
Start your tiger out with a Nutritional Advantage!
Served Daily 7:25am—7:45am

### Daily Tiger Choices:

**Tiger Grab N Go Cheesy Pizza Meal**
- WG Pita Bread (1ea) 26g
- Marinara Sauce (3oz) 3g
- Mozzarella Cheese (4oz) 9g
- Raw Veggie Option (1-11g)
  - Fruit of the Day 8-28g
  - Milk 24g

**Tiger Grab N Go PB&J Meal**
- Peanut Butter/Grape Jelly Uncrustable
  - String Cheese 1g or Cheese Stick
- Reduced Fat Nacho Doritos 20g
- Raw Veggie Option (1-11g)
  - Fruit of the Day 8-28g
  - Milk 24g

**Tiger Salad Options**

**Mondays:**
- Chef Salad 54g
- Fruit of the Day 8-28g
- Milk 24g

**Tuesdays:**
- Cobb Salad 44g
- Fruit of the Day 8-28g
- Milk 24g

**Wednesdays:**
- Buffalo Chicken Salad 46g
- Fruit of the Day 8-28g
- Milk 24g

**Thursdays:**
- Southwest Chicken Salad 66g
- Fruit of the Day 8-28g
- Milk 24g

**Fridays:**
- Chef Salad 54g
- Fruit of the Day 8-28g
- Milk 24g

**Raw Tiger Veggie Packs Vary Daily:**
(1oz Ranch 10g & 1oz Peanut Butter Cup 8g Offered)
- Cucumbers, Tomatoes, Cauliflower, Bell Pepper Mix, Carrots, Celery & Broccoli (1-11g)

**Flavored Milk Varieties 11-24g & Condiments Offered Daily**
(9g-11g)

* Tiger Menu’s Subject to Change

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### MARCH 2020

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
</tr>
</thead>
<tbody>
<tr>
<td>Popcorn Chicken</td>
<td>2</td>
<td>Breaded Cheeseburger</td>
<td>3</td>
<td>Hamburger Steak &amp; Gravy</td>
</tr>
<tr>
<td>Chicken &amp; Waffle</td>
<td>9</td>
<td>Mini Corn Dogs</td>
<td>10</td>
<td>Breaded Pork Chop</td>
</tr>
<tr>
<td>Hamburger Patty</td>
<td>16</td>
<td>No School</td>
<td>Parent Teacher Conference</td>
<td>17</td>
</tr>
<tr>
<td>Pancakes-3ea</td>
<td>30</td>
<td>Cheese Stuffed Crust Pizza</td>
<td>31</td>
<td>Cheese or Pepperoni</td>
</tr>
</tbody>
</table>

### Lunch Schedule

- Breakfast $2.10/day
- Lunch $2.75/day

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**Spring Break**

- March 1
- March 2
- March 3
- March 4
- March 5

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**Spring Break**

- March 1
- March 2
- March 3
- March 4
- March 5