**Tiger Menu**

**Condiments Offered Daily**

- Flavor Milk Varieties 11g
- Bell Pepper Mix, Carrots, Celery & Broccoli 14g
- 1oz Ranch 10g & 1oz Peanut Butter Cup 8g

**Tiger Grab N Go PB&J Meal**

- Milk 24g
- Fruit of the Day 8g

**Tiger Grab N Go Cheesy Pizza Meal**

- Mozzarella Cheese (4oz) 0g
- Marinara Sauce 35g
- Reduced Fat Nacho Doritos 20g
- Colby Jack 0g

**Tiger Salad Options**

**Mondays:**

- Chef Salad 54g
- Fruit of the Day 8-28g
- Milk 24g

**Tuesdays:**

- Cobb Salad 44g
- Fruit of the Day 8-28g
- Milk 24g

**Wednesdays:**

- Buffalo Chicken Salad 46g
- Fruit of the Day 8-28g
- Milk 24g

**Thursdays:**

- Southwestern Chicken Salad 66g
- Fruit of the Day 8-28g
- Milk 24g

**Fridays:**

- Chef Salad 54g
- Fruit of the Day 8-28g
- Milk 24g

**Raw Tiger Veggie Packs Vary Daily:**

- (1oz Ranch 10g & 1oz Peanut Butter Cup 8g)
- Offered: Cucumbers, Tomatoes, Cauliflower, Bell Pepper Mix, Carrots, Celery & Broccoli (1-11g)

**Flavored Milk Varieties 11-24g**

<table>
<thead>
<tr>
<th>Flavored Milk</th>
<th>Milk Carbs</th>
<th>Total Carbs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fiestada Pizza</td>
<td>43g</td>
<td>170g</td>
</tr>
<tr>
<td>Spanish Rice</td>
<td>44g</td>
<td>170g</td>
</tr>
<tr>
<td>Churro</td>
<td>27g</td>
<td>170g</td>
</tr>
<tr>
<td>Corn</td>
<td>16g</td>
<td>170g</td>
</tr>
<tr>
<td>Peas</td>
<td>16g</td>
<td>170g</td>
</tr>
<tr>
<td>Milk</td>
<td>24g</td>
<td>170g</td>
</tr>
<tr>
<td>Total</td>
<td>170g</td>
<td>170g</td>
</tr>
</tbody>
</table>

**Tiger Basket—New Menu**

**Monday:**

- Chicken Strips 48g
- w/ Texas Toast & Gravy 14g
- Mashed Potatoes 2g
- French Fries 17g
- Cheese Stick 1g

**Tuesday:**

- Grilled Cheese Stick 28g
- Mini Ravioli 17g
- Broccoli 5g
- Apple Sauce 14g

**Wednesday:**

- Spaghetti with Meat Sauce 38g
- White Dinner Roll 19g
- Green Beans 4g
- Apple Sauce 14g

**Thursday:**

- New Monthly Menu

**Friday:**

- No School

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**Breakfast** $2.10/day  
Lunch $2.75/day

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**April 2020**