### Tiger Menu

**Condiments Offered Daily**

- Bell Pepper Mix
- Carrots
- Celery
- Broccoli
- Cucumbers
- Tomatoes
- Cauliflower
- Raw Tiger Veggie Packs

**Milk**

- 24g

**Tiger Grab N Go PB&J Meal**

- Peanut Butter/Grape Jelly Uncrustable
- String Cheese
- Mozzarella Cheese
- Marinara Sauce
- WG Pita Bread
- Raw Veggie Option

**Tiger Grab N Go Cheesy Pizza Meal**

- Peanut Butter/Grape Jelly Uncrustable
- Mozzarella Cheese
- Marinara Sauce
- WG Pita Bread

**Tiger Salad Options**

- Chef Salad
- Reduced Fat Nacho Doritos
- Cheese Stick
- Fruit of the Day
- Cheese Slice

**Mondays:**

- Chef Salad Options
- Tiger Salad Options
- Reduced Fat Nacho Doritos
- Cheese Stick

**Tuesdays:**

- Cobb Salad
- Cheese Stick
- Fruit of the Day
- Cheese Slice

**Wednesdays:**

- Buffalo Chicken Salad
- Cheese Stick
- Fruit of the Day
- Cheese Slice

**Thursdays:**

- Southwest Chicken Salad
- Cheese Stick
- Fruit of the Day
- Cheese Slice

**Fridays:**

- Chef Salad
- Cheese Stick
- Fruit of the Day
- Cheese Slice

**Raw Tiger Veggie Packs Vary Daily:**

- Cucumbers, Tomatoes, Cauliflower, Bell Pepper Mix, Carrots, Celery & Broccoli

**Flavored Milk Varieties 11-24g**

- LJ Smoked Sausages
- Mac & Cheese
- WG Pretzel
- Roasted Broccoli
- Pears
- Milk

**Total**

- 92g

**Tiger Menu's Subject to Change**

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### Breakfast $2.10/day

**Lunch $2.75/day**

**April 2020**

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Patty 16g</td>
<td>Cheese Slice 1g</td>
<td>White Drumstick 5g</td>
<td>Pizza– Cheese or Pepperoni 33g</td>
<td>No School Good Friday</td>
</tr>
<tr>
<td>Cheese Slice 1g</td>
<td>White Bun 22g</td>
<td>Margarine Cup 19g</td>
<td>Peas 11g</td>
<td>Beef Nacho Boat – 3oz</td>
</tr>
<tr>
<td>White Bun 22g</td>
<td>Corn 15g</td>
<td>Margarine Cup 0g</td>
<td>Cheese 3g</td>
<td>Refried Beans 20g</td>
</tr>
<tr>
<td>Corn 15g</td>
<td>Mixed Fruit 15g</td>
<td>Green Beans 3g</td>
<td>Green Beans 3g</td>
<td>Lettuce &amp; Cheese Cup 2g</td>
</tr>
<tr>
<td>Mixed Fruit 15g</td>
<td>Milk 24g</td>
<td>Applesauce 14g</td>
<td>Applesauce 14g</td>
<td>Salsa 8g</td>
</tr>
<tr>
<td>Milk 24g</td>
<td>Total 93g</td>
<td>Milk 24g</td>
<td>Milk 24g</td>
<td>Corn 15g</td>
</tr>
<tr>
<td>Total 93g</td>
<td>126g</td>
<td>Total 93g</td>
<td>Total 96g</td>
<td>Total 107g</td>
</tr>
</tbody>
</table>

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- **Tiger Basket**
  - Chicken Strips- 2ea 38g w/ Texas Toast & Gravy
  - Margarine Cup 0g
  - French Fries 17g
  - Peaches 14g
  - Milk 24g
  - Total 89g

- **Hamburger Patty 2g**
  - Hamburger Bun 28g
  - Cheese Slice 1g
  - Bacon Slices 0g
  - Mixed Fruit 15g
  - Milk 24g
  - Total 88g

- **Grilled Cheese 28g**
  - Mini Ravioli 17g
  - Broccoli 5g
  - Applesauce 14g
  - Milk 24g
  - Total 88g

- **Total Carbs**
  - 65g

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- **Tiger Salad**
  - Popcorn Chicken 14g
  - Mini Corn Dogs-6ea 30g
  - Breaded Pork Chop 15g
  - Beef & Noodles 22g
  - Fish Filet 16g
  - Lasagna Roll 35g
  - Grilled Cheese 28g
  - Total Carbs 130g

- **Total Carbs**
  - 89g

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- **Total Carbs**
  - 107g